

# Biking the Loire: The Ultimate Guide to Cycling the Loire Valley



## Biking the Loire The Best Book Ever About Cycling the Loire (The Steve Says Cycling Series) by Wendy S. Avilés

★★★★☆ 4.6 out of 5

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The Loire Valley is a beautiful and historic region in central France, perfect for cycling. With its stunning chateaux, charming villages, and rolling hills, the Loire Valley offers a unique and unforgettable cycling experience.

This guide will provide you with everything you need to plan your cycling trip to the Loire Valley, including information on the best routes, attractions, and accommodation.

## **The Best Cycling Routes in the Loire Valley**

There are many different cycling routes to choose from in the Loire Valley, depending on your fitness level and interests. Here are a few of the most popular routes:

- **The Loire à Vélo:** This is the most popular cycling route in the Loire Valley, following the Loire River for over 800 kilometers. The route is well-signposted and offers a variety of terrain, from flat towpaths to challenging hills.
- **The Châteaux Bike Trail:** This route takes you past some of the most famous chateaux in the Loire Valley, including Chambord, Chenonceau, and Villandry. The route is relatively flat, making it a good option for families with young children.
- **The Vignobles à Vélo:** This route takes you through the Loire Valley's vineyards, offering stunning views of the rolling hills and vineyards.

The route is hilly in places, but it's worth it for the beautiful scenery.

## **Attractions Along the Loire Valley Cycling Routes**

In addition to the stunning scenery, the Loire Valley is also home to a number of historical and cultural attractions. Here are a few of the most popular attractions to visit along the cycling routes:

- **Château de Chambord:** This is one of the most famous chateaux in the Loire Valley, known for its stunning architecture and its vast park.
- **Château de Chenonceau:** This chateau is unique because it is built over the Cher River. It is also known for its beautiful gardens.
- **Château de Villandry:** This chateau is known for its beautiful gardens, which are divided into different themes.
- **Chinon:** This medieval town is home to a number of historical sites, including the Château de Chinon and the Collegiate Church of Saint-Mexme.
- **Saumur:** This town is known for its equestrian culture and its Cadre Noir cavalry school.

## **Accommodation for Cycling the Loire Valley**

There are a number of different accommodation options available for cyclists in the Loire Valley, depending on your budget and preferences. Here are a few of the most popular options:

- **Camping:** There are a number of campsites located along the cycling routes in the Loire Valley. This is a great option for budget-minded travelers.

- **Bed and breakfasts:** There are also a number of bed and breakfasts located in the Loire Valley. This is a good option for those who want a more comfortable stay.
- **Hotels:** There are a number of hotels located in the Loire Valley, ranging from budget-friendly to luxury options.

## Tips for Cycling the Loire Valley

Here are a few tips for cycling the Loire Valley:

- **Be prepared for the weather:** The weather in the Loire Valley can change quickly, so be sure to pack for all types of weather.
- **Bring plenty of water:** It's important to stay hydrated when cycling, especially in the summer months.
- **Be aware of your surroundings:** The Loire Valley is a popular tourist destination, so be sure to be aware of your surroundings and take precautions against theft.
- **Have fun:** Cycling the Loire Valley is a great way to experience the region's beautiful scenery and historical attractions. Be sure to enjoy the experience and take your time to explore the region.



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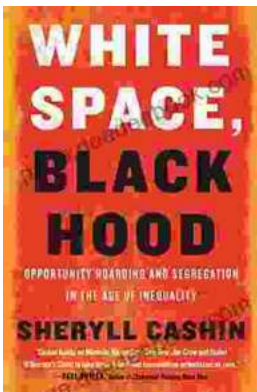
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