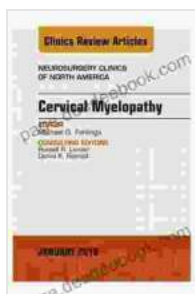


# Cervical Myelopathy: An Issue of Neurosurgery Clinics of North America

Cervical myelopathy is a condition that affects the spinal cord in the neck. It can cause a variety of symptoms, including pain, numbness, weakness, and difficulty walking. In severe cases, it can lead to paralysis.

Cervical myelopathy is caused by a variety of factors, including:



## Cervical Myelopathy, An Issue of Neurosurgery Clinics of North America (The Clinics: Surgery Book 29)

★★★★☆ 4 out of 5

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- Spinal stenosis: This is a narrowing of the spinal canal, which can put pressure on the spinal cord.
- Herniated disc: This is a condition in which the soft, jelly-like center of an intervertebral disc pushes through the tough outer layer of the disc and puts pressure on the spinal cord.
- Trauma: This can be caused by a car accident, a fall, or other injury that damages the spinal cord.

- Tumors: These can grow in the spinal cord or in the surrounding tissues and put pressure on the spinal cord.

The symptoms of cervical myelopathy can vary depending on the severity of the condition. Some of the most common symptoms include:

- Pain: This can be felt in the neck, shoulders, arms, or hands.
- Numbness: This can be felt in the arms, hands, or feet.
- Weakness: This can make it difficult to lift objects, walk, or perform other activities.
- Difficulty walking: This can be caused by weakness or numbness in the legs or feet.
- Loss of balance: This can make it difficult to walk or stand.
- Difficulty with fine motor skills: This can make it difficult to write, button clothes, or perform other activities that require dexterity.
- Spasticity: This is a condition in which the muscles in the arms or legs become stiff and difficult to control.
- Incontinence: This is a condition in which the patient loses control of their bladder or bowels.

The diagnosis of cervical myelopathy is based on a physical examination and a medical history. The doctor may also order imaging tests, such as an MRI or a CT scan, to confirm the diagnosis.

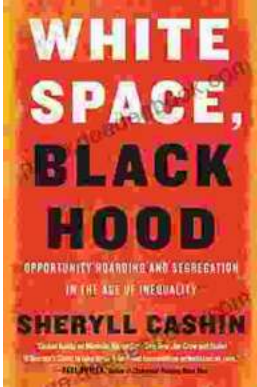
The treatment for cervical myelopathy depends on the severity of the condition. In some cases, conservative treatment, such as physical therapy





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