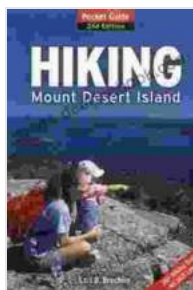


# Hiking Mount Desert Island Pocket Guide: Your Essential Companion for Exploring Acadia National Park

Mount Desert Island, the crown jewel of Acadia National Park, beckons hikers with its pristine beauty and rugged terrain. From gentle coastal paths to challenging ascents, the island offers an array of trails tailored to every skill level. Our Hiking Mount Desert Island Pocket Guide will equip you with all the essential information you need to plan and navigate your adventures on this enchanting island.



## Hiking Mount Desert Island: Pocket Guide by Earl D. Brechlin

★★★★☆ 4.3 out of 5

Language : English  
File size : 2640 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 114 pages



## Trail Descriptions and Maps

Our guide provides detailed descriptions of over 20 popular hiking trails, including:

- **Cadillac Mountain South Ridge Trail:** Ascend the highest point on the U.S. Atlantic coast, offering panoramic views of the island and surrounding waters.

- **Beehive Trail:** A challenging but rewarding loop trail with iron rungs and ladders, leading to breathtaking vistas.
- **Ocean Path:** A scenic coastal trail that hugs the rugged shoreline, offering stunning views of crashing waves and granite cliffs.
- **Jordan Pond Path:** A relatively flat and easy trail that circles the picturesque Jordan Pond, providing opportunities for wildlife viewing.
- **Sargent Mountain Loop Trail:** A moderate loop trail with gradual elevation gain, leading to stunning views of Frenchman Bay.

Each trail description includes:

- Trail length and elevation gain
- Estimated hiking time
- Difficulty rating
- Trail highlights
- Detailed map of the trail

## **Planning Your Hike**

Our guide also provides practical information to help you plan your hike, including:

- **When to hike:** Best time of year and weather conditions
- **What to pack:** Essential gear for safety and comfort
- **Where to stay:** Recommended campgrounds and accommodations
- **Park fees and regulations**

- Trail etiquette and safety tips

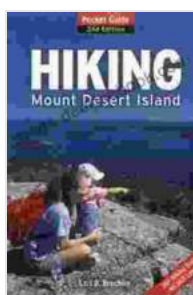
## Exploring Beyond the Trails

In addition to trail descriptions, our guide includes information on:

- **Hidden coves and beaches:** Discover secluded spots for swimming, kayaking, or simply relaxing by the ocean.
- **Wildlife viewing:** Learn about the diverse wildlife that inhabits Mount Desert Island, including seals, whales, and bald eagles.
- **Historical landmarks:** Uncover the island's rich history through its abandoned villages, stone towers, and granite quarries.

Our Hiking Mount Desert Island Pocket Guide is an indispensable resource for hikers of all levels. It empowers you with the knowledge and confidence to fully embrace the natural wonders of this breathtaking island. Embrace the freedom of the trails, soak in the stunning scenery, and create memories that will last a lifetime.

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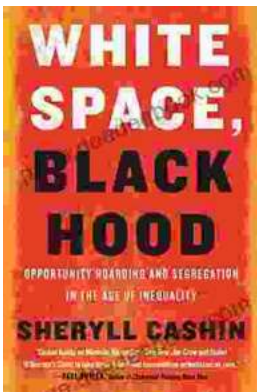
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