

# Hot Chili for the Trucker Soul: A Road Trip Essential



## Hot Chili for the Trucker's Soul by Greg Goebel

★★★★★ 5 out of 5

Language	: English
File size	: 2288 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 182 pages
Lending	: Enabled



There's nothing quite like a bowl of hot chili on a cold night. And when you're on the road, there's no better way to warm up than with a hearty bowl of chili. This recipe is easy to follow and packed with flavor, making it the perfect meal for a long day on the road.

## Ingredients

- 1 pound ground beef
- 1 onion, chopped
- 1 green bell pepper, chopped
- 1 red bell pepper, chopped
- 2 cloves garlic, minced

- 1 (28 ounce) can diced tomatoes
- 1 (15 ounce) can tomato sauce
- 1 (15 ounce) can kidney beans, drained and rinsed
- 1 (15 ounce) can black beans, drained and rinsed
- 1 (15 ounce) can corn, drained
- 1 teaspoon chili powder
- 1 teaspoon cumin
- 1 teaspoon oregano
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper

## **Instructions**

1. In a large pot or Dutch oven over medium heat, brown the ground beef. Drain off any excess fat.
2. Add the onion, green bell pepper, red bell pepper, and garlic to the pot and cook until softened, about 5 minutes.
3. Stir in the diced tomatoes, tomato sauce, kidney beans, black beans, corn, chili powder, cumin, oregano, salt, and black pepper. Bring to a boil, then reduce heat and simmer for at least 30 minutes, or up to overnight.
4. Serve hot with your favorite toppings, such as shredded cheddar cheese, sour cream, and chopped onions.



## Tips

- For a spicier chili, add more chili powder or a diced jalapeño pepper.
- If you don't have any kidney beans or black beans, you can substitute with pinto beans or Great Northern beans.

- This chili is also great for freezing. Simply let it cool completely, then transfer it to an airtight container and freeze for up to 3 months.

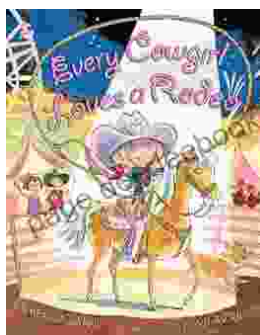
Whether you're a trucker on the road or just looking for a hearty and flavorful meal, this hot chili recipe is sure to hit the spot. So next time you're looking for a warm and comforting dish, give this chili a try. You won't be disappointed.



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