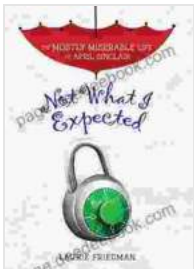


Not What Expected: The Mostly Miserable Life of April Sinclair

April Sinclair had it all. She was a successful businesswoman, a loving wife, and a devoted mother. But behind closed doors, she was living a nightmare.

April's husband, John, was a controlling and abusive man. He would constantly berate her, calling her names and making her feel worthless. He would also physically abuse her, hitting her and punching her.

April was terrified of John. She knew that if she left him, he would kill her. So she stayed, and she suffered.



Not What I Expected (The Mostly Miserable Life of April Sinclair Book 5) by Rebecca Janni

★★★★★ 5 out of 5

Language : English
File size : 718 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 180 pages
Screen Reader : Supported



In addition to the abuse from her husband, April also struggled with mental illness. She had been diagnosed with depression and anxiety, and she often had suicidal thoughts.

April's life was a living hell. She was constantly afraid, both of her husband and of herself. She felt trapped, with no way out.

But April was a strong woman. She refused to give up. She sought help from a therapist, and she started taking medication for her mental illness.

Slowly but surely, April began to heal. She started to stand up to John, and she started to take back her life.

One day, April finally left John. She took her daughter and moved into a safe house. She filed for divorce, and she got a restraining order against John.

April's life is still not perfect. She still struggles with the effects of the abuse she suffered. But she is alive, and she is free.

April's story is a reminder that domestic violence can happen to anyone. It is not just a problem for poor people or uneducated people. It can happen to anyone, regardless of their age, race, or socioeconomic status.

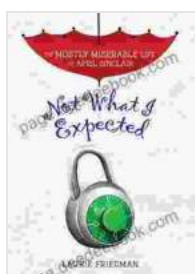
If you are in an abusive relationship, please know that you are not alone. There is help available. You can call the National Domestic Violence Hotline at 1-800-799-SAFE (7233) or visit their website at www.thehotline.org.

You can also get help from your local police department or from a domestic violence shelter.

Please don't be afraid to reach out for help. You deserve to be safe and happy.

Resources:

- The National Domestic Violence Hotline: 1-800-799-SAFE (7233)
- The National Coalition Against Domestic Violence:
<https://www.ncadv.org>
- The National Crime Victimization Survey:
<https://www.bjs.gov/index.cfm?ty=dcdetail&iid=468>



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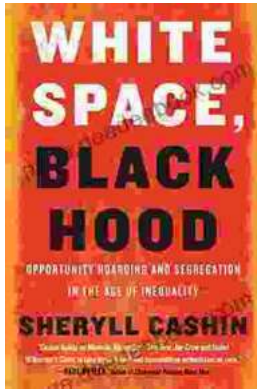
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